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| *Would you like a safe space to explore how to live fully who you are?*    *Would you like to spend time with others who are on a similar journey?*    *Would you like to learn skills that enable you to speak your truth and listen to the truth of others in a way that is mutually respectful?*    If so, consider joining others in  ***Courage to Live an Undivided Life.***      With the help of skilled **Courage & Renewal**® facilitators, and guided by unique principles and practices, you and your fellow participants create a community of mutual respect and engage in deep listening with one another. |  |  | **Location:**  Live Oak Unitarian Universalist Church  3315 El Salido Parkway  Cedar Park. TX  512-219-9008  Website: http://www.liveoakuu.org/  LiveOakLabyrinth.png  **Dates and Schedule:**  Thursday March 15:  3:00 p.m.: Check In  4:00 – 8:30: Retreat sessions, dinner  Friday March 16:  8:30 a.m.: Coffee  9:00 a.m.–6 p.m.: Retreat, lunch  Saturday March 17:  8:30 a.m.: Coffee  9:00 a.m. – noon: Retreat sessions  **Lodging:**  For this non-residential retreat, out-of-town participants may book lodging at the following nearby motels, for which more information is provided in registration materials:  Hampton Inn: 512-249-0045  Holiday Inn Express: 512-249-8166  Hilton Home Suites: 512-610-2106  Comfort Inn: 512-302-5576  **Cancellation Policy:**  No refund will be given after February 15 unless the maximum number of registrations has been received or the retreat is cancelled. Cancellations received prior to February 15 will receive a refund of 50% of the cost.  .  **Payment:**  We will accept payment by check and PayPal. See the Registration Form for terms of payment, as well as the Cancellation Policy.    **Registration Deadline:**  March 5, 2018  **Contact Information:**  Cindy Johnson  [cindyjnsn1@gmail.com](mailto:cindyjnsn1@gmail.com).  Barbara Coeyman,  [revbarbarac@comcast.net](mailto:revbarbarac@comcast.net) |  |  | MC910216336[1]  ***An Introduction to the Circle of Trust®***  ***Approach***  *Offered in partnership with*  *Live Oak UU Church and*  *Center for Courage & Renewal®*  ***Courage to Live an Undivided Life***    ***to Serve*** |
|  | ***Courage to Live an Undivided Life***  You are invited to join others in three days of reflection and conversation as we remember who we are, the ground on which we stand, and how to live truthfully and fully in a world that wants us to be something less than our authentic selves. In these times it takes courage to live authentically. And it takes a community of support.  Grounded on the writing of Parker Palmer, this retreat will offer an Introduction to Courage and Renewal principles for newcomers and a deepening of these practices for those already initiated in this work. Through individual reflection and large- and small-group conversation stimulated by poetry, wisdom stories, and art; the practice of the Clearness Committee; and other spiritually deepening activities including a beautiful outdoor labyrinth, this retreat will offer a safe space to explore the inner wisdom in each of us.  This model of spiritual formation is described in depth in Parker J. Palmer's book [*A Hidden Wholeness: The Journey Toward an Undivided Life*](http://www.amazon.com/gp/product/0470453761/ref=as_li_qf_sp_asin_tl?ie=UTF8&camp=1789&creative=9325&creativeASIN=0470453761&linkCode=as2&tag=courage02-20).  For more on the Center for Courage and Renewal see www.couragerenewal.org |  |  | **Facilitators:**    **Cynthia Johnson**, LMSW-AP , A Courage & Renewal® Facilitator is the founder of Courage & Renewal – North Texas and leads Courage & Renewal® programs in diverse community and professional settings around the country, with a particular interest in support of clergy and congregational leaders. Cynthia has also spent the last 32 years engaged as an active leader in the congregational, denominational, ecumenical and interfaith arenas of religious life. She has a certificate in spiritual direction from Perkins School of Theology.  C:\Users\Pastor Barbara\Pictures\CoeymanTaxSept2015.jpg  **Rev. Dr. Barbara Coeyman** is an Accredited Interim Minister in the Unitarian Universalist Association, currently serving the UU Church of Lancaster, PA. She is also a Facilitator in Preparation with the Courage and Renewal program and has led workshops and classes for clergy and lay leaders using the Circle of Trust approach. She attended seminary and received ministerial ordination in Austin. Prior to ministry, Rev. Coeyman was Professor of Music at West Virginia University. |  |  |

**Registration**

Contact retreat facilitator Barbara Coeyman at [revbarbarac@comcast.net](mailto:revbarbarac@comcast.net) for more information about Registration and to receive a Registration Form, which can be mailed in or submitted electronically. Registration information is also found at [www.couragerenewal.org/events](http://www.couragerenewal.org/events) (scroll to March 15 events).

Registration Deadline is February 15. Full payment is due with registration. Make checks payable to “Barbara Coeyman.”

**Cost**

Early Bird Registration through January 15:

$250

Registration January 15 – February 15:

$295

Registration fee includes the retreat sessions, as well as Thursday dinner, Friday lunch, and coffee and healthy snacks throughout the retreat.

Members of Live Oak UU Church may request a waiver of $25 off the full registration fee.

**Cancellation Policy:**

No refund will be given after February 15 unless the maximum number of registrations has been received or the retreat is cancelled. Cancellations received prior to February 15 will receive a refund of 50% of the cost.

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